Safe Treats for EMS Equines

Always be sure your EMS equine’s treats are less than 10% ESC+starch combined (with the starch being under 4%).

- Apple Peel
- BEET-E-BITES
- Celery
- Cucumbers
- Green Beans
- Any lettuce (not cabbage)
- Melon rinds (with very little fruit attached)
- Nuzu Stabul Nuggets
- Ontario Dehy Timothy Balance Cubes
- Triple Crown Timothy Balance Cubes

NOTE:
These treats should be given by a small handful, not a cup!

ECIR Flax Cookies

1 pound ground flax
1/2 cup unsweetened applesauce
2 cups hot water
1 1/4 cup salt
2 Tablespoons cinnamon

For directions, join our free outreach group: https://ecir.groups.io/g/main

Equine Cushing’s and Insulin Resistance Group Inc.
ecirhorse.org