

Safe Treats for EMS Equines

Always be sure your EMS equine's treats are less than 10% ESC+starch combined
(with the starch being under 4%).

- Apple Peel
- BEET-E-BITES
- Celery
- Cucumbers
- Green Beans
- Any lettuce (not cabbage)
- Melon rinds (with very little fruit attached)
- Nuzu Stabul Nuggets
- Ontario Dehy Timothy Balance Cubes
- Triple Crown Timothy Balance Cubes
- Peanut shells
- Pea pods from snow or snap peas (peas removed)
- Pear Peel
- Pumpkin seeds
- Squash (Summer, yellow, pattypan crookneck)
- Tums (if your hay isn't calcium heavy)
- Uckele Equi-Treats
- Yogurt (low-fat, plain, and unsweetened)
- Zucchini

NOTE:

These treats should be given by a small handful, not a cup!

ECIR Flax Cookies

1 pound ground flax
1/2 cup unsweetened applesauce
2 cups hot water
1 1/4 cup salt
2 Tablespoons cinnamon

For directions, join our free outreach group: <https://ecir.groups.io/g/main>



Equine Cushing's and Insulin Resistance Group Inc.
ecirhorse.org

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